



## **Welcome to the Skills Academy II course!**

We're looking forward to having you with us. Here are all the details for your upcoming week.

### **CHECK-IN:**

Check-in will take place between 7:45am-8:15am on the first day. There will be an optional parent meeting at 8:30am where the director will provide an overview of the week and address frequently asked questions. Players will meet in the gym at 8:30am and should bring their basketball, gear, shoes, notebook and pens.

**Welcome Kit** – If you purchased a Welcome Kit, you can pick it up at the PGC store after check-in.

### **DROP-OFF AND PICK-UP TIMES:**

Drop-off is from 8:15am-8:30am each morning and pick-up is from 4:00pm-4:15pm each afternoon, with the exception of the final afternoon (pick-up is at 2:00pm). Lunch is from 12:00-12:30pm and parents are welcome to arrive 30 minutes before lunch or 30 minutes before the end of the day to watch the gym sessions.

### **CLOSING:**

All parents are invited to attend our closing wrap-up from 1:00pm-2:00pm on the final afternoon.

### **PREPARATION FOR PGC:**

We've created a customized 14-Day Pre-PGC Training program to help prepare you for your session. This program includes in-depth training videos and a training log to track your results.

If you purchased the Video Bundle when you registered for your course, you can access the Pre-PGC Training [here](#). Be sure to set aside 30 minutes each day to complete your workouts and bring your completed Overall Score page to your session.

If you didn't purchase the Video Bundle during registration, we're pleased to make the Pre-PGC Training program available to you for \$20. [Get Access Here](#)

### **BRING EACH DAY:**

- A basketball with your name on it (we only play indoors)
- A tennis ball, but don't sweat it if you don't have them—a few players will have extras.
- Basketball shoes, shorts, shirts, socks, etc.
- Pens/pencils and notebook *or* you may purchase a PGC notebook for your notes  
(Note: Limited notebooks will be available for purchase at check-in)
- A water bottle with your name on it
- Athletic tape - if you have an injury that requires tape



### MEALS AND ACCOMMODATIONS:

Meals and accommodations are not included. Players can bring a lunch each day or go with parents to a nearby restaurant, if desired. We recommend bringing *healthy* snacks like fruit (bananas, oranges, apples) or nutrition-rich granola bars, and avoiding candy, chips, chocolate bars or sugar-packed drinks like Gatorade or Powerade.

### ADDITIONAL ITEMS:

#### Spending Money

There will be PGC gear available for purchase at some Skills Academy courses. If PGC gear is available at your session, it will be sold during check-in, at the end of Day 3, and at the end of Day 5. Parents, if you're not able to visit the store during one of these times, you may want to send your child with extra money if you're interested in picking up some PGC gear.

### CANCELLATIONS:

If you cannot attend your PGC course for any reason, including injury, sickness, or family emergency, you may transfer your registration to a teammate or friend, or you may donate it to an underprivileged athlete.

In the event of a cancellation, refunds and credits are based on when you cancel and whether you purchased one of our protection options. Without protection, tuition fees are non-refundable. If you receive a tuition credit, the credit can be applied toward another course this summer or next summer.

Without a protection plan, a \$50 transfer fee will be applied to your account if you decide to transfer to any other available summer session within two weeks of your session.

CANCELLATION TIMEFRAME	NO TUITION PROTECTION	WITH TUITION PROTECTION	WITH SUPER PROTECTION
Up to June 1st	Full Credit	Full Refund	Full Refund
After June 1st	50% PGC Credit	Full PGC Credit	Full Refund
Within 72 Hours*	No Credit	50% PGC Credit	Full PGC Credit

\* Of the first day of the session

### CONTACT US:

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