



## Welcome to the Shooting College course!

We're looking forward to having you with us. Here are all the details for your upcoming week.

### CHECK-IN:

Check-in times will be staggered to minimize the number of people in the check-in area at one time. Only one adult may accompany each player to check-in. Face masks are required for players, parents, and staff during check-in.

Please arrive during the appropriate time frame below, based on the first letter of your last name:

8:25 – 8:35am: Last Names A – M

8:40 – 8:50am: Last Names N – Z

After check-in, players will meet in the gym with their basketball, shoes, notebook, pens, and face mask.

### DROP-OFF AND PICK-UP TIMES:

Drop-off is from 8:40 – 8:50am each morning and pick-up is from 4:00 – 4:15pm each afternoon. Lunch is from 12:00 – 12:30pm.

### PREPARATION FOR PGC:

Players should come to camp in the best shape possible.

We've created a customized, optional 14-Day Pre-PGC Training program to help with this. The program includes training videos and a training log to track results.

If you purchased the Video Bundle when you registered for camp, you can access the Pre-PGC Training [here](#). Approximately 20-30 minutes each day will be needed to complete the workouts.

If you didn't purchase the Video Bundle during registration, the Pre-PGC Training program is available for \$20.

[Get Access Here](#)

### BRING EACH DAY:

- A basketball with your name on it (we only play indoors)
- COVID-19 requirements – face mask(s) and hand sanitizer for personal use, if desired
- Basketball shoes, shorts, shirts, socks, etc.
- Pens/pencils and notebook *or* you may purchase a PGC notebook for your notes.  
(Note: Limited notebooks will be available for purchase at check-in)
- A water bottle with your name on it



### MEALS AND ACCOMMODATIONS:

Meals and accommodations are not included. Players can bring a lunch each day or go with a parent to a nearby restaurant. We recommend bringing *healthy* snacks like fruit (bananas, oranges, apples) or nutrition-rich granola bars, and avoiding candy, chips, chocolate bars or sugar-packed drinks like Gatorade or Powerade.

### ADDITIONAL ITEMS:

At most of our camps, there will be PGC gear available for purchase. If PGC gear is available at your session, it will be sold during check-in and at the end of the camp.

### CANCELLATIONS:

If you cannot attend your PGC course for any reason, including injury, sickness, or family emergency, you may transfer your registration to a teammate or friend, or you may donate it to an underprivileged athlete.

In the event of a cancellation, refunds and credits are based on when you cancel and whether you purchased one of our protection options. Without protection, tuition fees are non-refundable. If you receive a tuition credit, the credit can be applied toward another course this summer or next summer.

<b>NO TUITION PROTECTION</b>	Full PGC credit until 14 days before camp.	50% PGC credit within 14 days of camp.
<b>WITH TUITION PROTECTION</b>	Full refund until 30 days before camp.	Full PGC credit within 30 days of camp.
<b>WITH SUPER PROTECTION</b>	Full refund until 72 hours before camp.	Full PGC credit within 72 hours of camp.

### CONTACT US:

- **By Email** – [info@pgcbasketball.com](mailto:info@pgcbasketball.com)
- **By Telephone** – 1-866-338-2308