



Course Schedule Sneak Peek

Playmaker College

DAY ONE

11:30am – 12:45pm (Check In)

Welcome to PGC. We're excited you're here!

1:00pm – 3:00pm (Class)

How to be a special player and maximize the experience

3:00pm – 5:00pm (Gym)

Being powerful with the ball

5:15pm – 6:15pm (Dinner)

6:15pm – 7:30pm (Class)

How to change your state for peak performance

7:30pm – 9:15pm (Gym)

How to go fast, then stop on a dime

DAY TWO

7:45am – 8:45am (Breakfast)

8:45am – 10:00am (Class)

Do this and become the leader every coach wants

10:00am – 12:15pm (Gym)

How to move a defender and attack 1-on-1

12:15pm – 1:15pm (Lunch)

1:30pm – 2:30pm (Class)

How to improve your self talk and attitudinal fitness

2:30pm – 4:45pm (Gym)

Handling the ball in transition and passing vs. pressure

5:15pm – 6:15pm (Dinner)

6:15pm – 7:30pm (Class)

How to build habits that last

7:30pm – 9:15pm (Gym)

How to play smart in full court transition

DAY ONE HIGHLIGHTS

Class

- Why you should stop comparing yourself to others
- How to know if you're an energy taker or giver

Gym

- Learn the 3 reads playmakers consistently make
- How to play with power and own your space

Film

- Where to direct your eyes
- How to play powerful

DAY TWO HIGHLIGHTS

Class

- 3 ways to get your teammates to play better
- 4 specific ways to strengthen your mind

Gym

- Movement and spacing training
- Pass against pressure and beat double teams

Film

- Become a better passer with this one type of pass
- How to make fakes that actually work



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DAY THREE

7:45am – 8:45am (Breakfast)

8:45am – 10:00am (Class)

How to work through setbacks & develop a growth mindset

10:00am – 12:15pm (Gym)

Attacking 2v2 and 4v4 | Small sided games

12:15pm – 1:15pm (Lunch)

1:30pm – 2:30pm (Class)

The art of listening & why attention to detail matters

2:30pm – 4:45pm (Gym)

How to beat pressure and the 5 keys to defense

5:15pm – 6:15pm (Dinner)

6:15pm – 7:30pm (Class)

Navigating the Peaks, plateaus, and pits of life (and basketball)

7:30pm – 9:15pm (Gym)

How to lead a team and ultimate basketball competition

DAY FOUR

7:45am – 8:45am (Breakfast)

8:45am – 10:00am (Class)

The power of appreciation and secret to success

10:00am – 12:15pm (Gym)

How to excel in half court offense AND defense

12:15pm – 1:15pm (Lunch)

1:30pm – 2:30pm (Class)

How to impact leadership, playing time, and influence

2:30pm – 4:45pm (Gym)

How to pass through pressure and competitions

5:15pm – 6:15pm (Dinner)

6:15pm – 7:30pm (Class)

The art of meeting new people, leadership training, and the final competition

8:30 PM – 11:00 PM (Gym)

The ultimate challenge final competition

DAY THREE HIGHLIGHTS

Class

- How to avoid having a fixed mindset
- 3 secrets to listening few know about

Gym

- How to get by a defender (1 on 1 and 2 on 2 training)
- How to master individual AND team defense

Film

- How to make the correct game-like reads consistently
- How to become a lockdown defender

DAY FOUR HIGHLIGHTS

Class

- One action top business leaders apply daily
- When you meet someone new, STOP doing this one thing

Gym

- Final night competition

Film

- How to perform under pressure Handling Pressure
- Why play off two feet (part 2)



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DAY FIVE

7:45am - 8:45am (Breakfast)

8:45am - 11:30am (Class): Final Exam & Closing Ceremonies

11:30am - 12:15pm (Check Out)



“I was blown away by the level of teaching my son received. I immediately sensed he has a higher confidence in himself as a basketball player, a leader, and a communicator.”

– *Billy Lange, Head Coach
Saint Joseph's University*



“A must for any young player that wants to advance to the next level – whether high school, college, or even the NBA.”

– *Donnie Walsh
President of Basketball Operations
Indiana Pacers*