



Course Schedule Sneak Peek

Point Guard College

DAY ONE

11:00am – 12:45pm (Check In)

Welcome to PGC. We're excited you're here!

1:00pm – 3:00pm (Class)

Overcoming the "disease of me" and how to maximize the week

3:00pm – 5:00pm (Gym)

Footwork training and how to make gold-i-lox passes

5:15pm – 6:15pm (Dinner)

6:45pm – 8:00pm (Class)

How to play fast while demonstrating control and cleverness

8:00pm – 10:00pm (Gym)

How to make realistic fakes and land on balance

DAY TWO

7:45am – 8:45am (Breakfast)

8:45am – 10:00am (Class)

How to eliminate turnovers and play efficiently

10:00am – 12:15pm (Gym)

How to play with spacing and knowing how to move with and without the ball

12:15pm – 1:15pm (Lunch)

1:45pm – 3:00pm (Class)

How to influence your teams shot selection and offensive concepts to attack any defense

3:00pm – 5:00pm (Gym)

How to attack a zone defense

5:15pm – 6:15pm (Dinner)

6:45pm - 8:00pm (Class)

How to be effective in fast-break situations

8:00pm – 10:00pm (Gym)

How to win in 2-on-2 and 4-on-3 scenarios

DAY ONE HIGHLIGHTS

Class

- What real leadership is all about.
- How to race (the ball) at a speed that makes the defense uncomfortable

Gym

- How to decide when to pass and when to finish.
- Why you should sever the angle after beating a defender (and how to do it)

Film

- How to use jump stops and play with control
- One specific footwork that makes players effective

DAY TWO HIGHLIGHTS

Class

- What to do (immediately) after making a mistake
- 3 key things to assess during every fast-break

Gym

- Every time you grab the ball, do this one thing
- How to puncture the middle of a zone to get better shots

Film

- How to fake around the rim so you get fouled more
- How to hunt the paint to create scoring opportunities



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DAY THREE

7:45am – 8:45am (Breakfast)

8:45am – 10:00am (Class)

Learn how to handle pressure with patience

10:00am – 12:15pm (Gym)

How to play against aggressive pressure with poise

12:15pm – 1:15pm (Lunch)

1:45pm – 3:00pm (Class)

How to have a defensive presence that disrupts an offense's flow

3:00pm – 5:00pm (Gym)

How to attack before the defense gets set

5:15pm – 6:15pm (Dinner)

6:45pm – 8:00pm (Class)

Point Guard esoterica, understanding refs, and how to be a great leader

8:00pm – 10:00pm (Gym)

How to attack against a man-to-man, 1-3-1, and 2-3 zone defense

DAY FOUR

7:45am – 8:45am (Breakfast)

8:45am – 10:00am (Class)

How to approach and respond to specific game-like scenarios

10:00am – 12:15pm (Gym)

How to set the table on offense and set usable screens

12:15pm – 1:15pm (Lunch)

1:45pm – 3:00pm (Class)

How to build and protect your confidence

3:00pm – 5:00pm (Gym)

Mini games to implement all skills from the week

5:15pm – 6:15pm (Dinner)

6:45pm – 8:00pm (Class)

How to control tempo and final competition explanation

8:00 pm – 11:30 pm (Gym)

Final night competition

DAY THREE HIGHLIGHTS

Class

- 3 ways to influence shot selection against a press
- How to play on-ball and off-ball defense

Gym

- How and why piston passes will save you from turning the ball over
- How to get dangerous when the ball is not in your hands

Film

- How to become a master in fast-break situations
- How and when to use the very effective piston pass

DAY FOUR HIGHLIGHTS

Class

- How to maximize dead ball time.
- Why your self talk matters for in game performance

Gym

- How to set screens that actually get you (and teammates) open
- The wheel of fortune competition

Film

- How to lead your team on court
- A defensive tactic to commit less fouls and get more steals



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DAY FIVE

7:45am - 8:45am (Breakfast)

8:45am - 11:30am (Class): Final Exam & Closing Ceremonies

11:30am - 12:15pm (Check Out)



“I was blown away by the level of teaching my son received. I immediately sensed he has a higher confidence in himself as a basketball player, a leader, and a communicator.”

– *Billy Lange, Head Coach
Saint Joseph's University*



“A must for any young player that wants to advance to the next level – whether high school, college, or even the NBA.”

– *Donnie Walsh
President of Basketball Operations
Indiana Pacers*