

POINT GUARD COLLEGE



COURSE SCHEDULE SNEAK PEEK

DAY ONE

CHECK-IN

11:30AM - 12:30PM

Welcome to PGC. We're excited you're here!

CLASS

1:00PM - 3:00PM

Overcoming the "disease of me" and how to maximize the week

GYM

3:15PM - 5:15PM

Footwork training and how to make gold-i-lox passes

DINNER

5:30PM - 6:15PM

CLASS

6:30PM - 7:45PM

How to play fast while demonstrating control and cleverness

GYM

8:00PM - 10:00PM

How to make realistic fakes and land on balance

HIGHLIGHTS

CLASS

- What real leadership is all about
- How to race (the ball) at speed that makes the defense uncomfortable

GYM

- How to decide when to pass and when to finish
- Why you should sever the angle after beating a defender (and how to do it)

FILM

- How to use jump stops and play with control
- One specific footwork that makes players effective

DAY TWO



BREAKFAST 7:45AM - 8:45AM

CLASS 8:45AM - 10:00AM How to eliminate turnovers and play efficiently

GYM 10:15AM - 12:15PM How to play with spacing and knowing how to move with and without the ball

LUNCH 12:30PM - 1:15PM

CLASS 1:30PM - 2:45PM How to influence your teams shot selection and offensive concepts to attack any defense

GYM 3:00PM - 5:00PM How to attack a zone defense

DINNER 5:15PM - 6:00PM

CLASS 6:30PM - 7:45PM How to be effective in fast-break situations

GYM 8:00PM - 10:00PM How to win in 2-on-2 and 4-on-3 scenarios

HIGHLIGHTS

CLASS

- What to do (immediately) after making a mistake
- 3 key things to assess during every fast-break

GYM

- Every time you grab the ball, do this one thing
- How to puncture the middle of a zone to get better shots

FILM

- How to fake around the rim so you get fouled more
- How to hunt the paint to create scoring opportunities

DAY THREE



BREAKFAST 7:45AM - 8:45AM

CLASS 8:45AM - 10:00AM Learn how to handle pressure with patience

GYM 10:15AM - 12:15PM How to play against aggressive pressure with poise

LUNCH 12:30PM - 1:15PM

CLASS 1:30PM - 2:45PM How to have a defensive presence that disrupts an offense's flow

GYM 3:00PM - 5:00PM How to attack before the defense gets set

DINNER 5:15PM - 6:00PM

CLASS 6:30PM - 7:45PM Point Guard esoterica, understanding refs, and how to be a great leader

GYM 8:00PM - 10:00PM How to attack against a man-to-man, 1-3-1, and 2-3 zone defense

HIGHLIGHTS

CLASS

- 3 ways to influence shot selection against a press
- How to play on-ball and off-ball defense

GYM

- How and why piston passes will save you from turning the ball over
- How to get dangerous when the ball is not in your hands

FILM

- How to become a master in fast-break situations
- How and when to use the very effective piston pass

DAY FOUR



BREAKFAST 7:45AM - 8:45AM

CLASS 8:45AM - 10:00AM How to approach and respond to specific game-like scenarios

GYM 10:15AM - 12:00PM How to set the table on offense and set usable screens

LUNCH 12:15PM - 1:00PM

CLASS 1:15PM - 2:30PM How to build and protect your confidence

GYM 2:45PM - 4:30PM Mini games to implement all skills from the week

DINNER 5:15PM - 6:00PM

CLASS 6:15PM - 7:15PM How to control tempo and final competition explanation

GYM 7:30PM - 11:30PM Final night competition

HIGHLIGHTS

CLASS

- How to maximize dead ball time
- Why your self talk matters for in game performance

GYM

- How to set screens that actually get you (and teammates) open
- The wheel of fortune competition

FILM

- How to lead your team on court
- A defensive tactic to commit less fouls and get more steals

DAY FIVE



BREAKFAST 8:00AM - 8:45AM

CLASS 8:45AM - 10:45AM Final Exam & Closing Ceremonies

CHECK-OUT 11:00AM - 12:00PM



"I was blown away by the level of teaching my son received. I immediately sensed he has a higher confidence in himself as a basketball player, a leader, and a communicator."

– *Billy Lange, Head Coach Saint Joseph's University*

"A must for any young player that wants to advance to the next level – whether high school, college, or even the NBA."

– *Donnie Walsh, President of Basketball Operations Indiana Pacers*

